



Encouraging Supervision after Your D/CASDF Training is Complete

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Whether you're graduating this May from the D/CASDF Program or you graduated many years ago, we want to encourage you to continue some form of supervision of your spiritual direction ministry as long as you are providing it to others.

On-going supervision in some form may help you continue to be more deeply aware of your own interior processes, questions, and thoughts while you sit with others as they share with you the presence and movement of Spirit in their lives. Supervision can also open you to increasing degrees of freedom within, as well as allow you to more adequately bracket what is your "stuff," and what may be theirs, so that you remain in service to your directees as a spiritual companion.

The D/CASDF Alumni Council wants to understand how our graduates are receiving supervision, and in what forms they're receiving it so that we might help you engage in this healthy form of self-care for your ministry. As a first step in this direction, we're asking our graduates to send us comments about how you've engaged in supervisory relationships (and in what form) since you graduated. Some of you may not have been in supervision at all, while others may have continually been in supervision. We also hope to hear about what you think might work for you now, whether it's participating in a small, peer supervision group in your area with other local graduates, or in individual or group online supervision. We're open to all ideas!

Please send us any comments on supervision you may have, as our Alumni Council members and Dr. Farley continue to discern how we might better assist you in finding a supervisor and a model of supervision that fits you and your needs. You may submit comments to wfarley@sfts.edu.

Rev. Dr. Rebecca Cole-Turner is a grateful member of the Class of 2007 Cohort of the D/CASDF. A retired clinical psychologist and university instructor, she has been a spiritual director for over a decade in Pittsburgh, PA. In 2005-2006, Rebecca served as an instructor in psychological aspects of spiritual direction at the Institute of Spiritual Leadership in Chicago. She also helped envision the Pneuma Spiritual Direction and Leadership Program at the seminary, serving as a supervisor in the program. She has taught in the Certificate in Spiritual Formation Program at Pittsburgh Theological Seminary, where she received her MDiv in 2014. She was ordained as a minister in the United Church of Christ in 2016. Following a recent move to be near her grandchildren in North Carolina, she is currently taking a year's sabbatical from active ministry.